

Loddon Court is a residential short breaks service (sometimes called respite) that offers overnight stays and afternoon visits to adults with learning disabilities who live in a family environment.

We understand how essential it is for Carers to take a muchneeded break from time to time, so we provide excellent person-centered support you can rely on. Our aim is to provide Carers with an opportunity to lead a quality life outside of their caring responsibilities; while offering the people we support a chance to experience some time away from home, meet other people, have fun or just relax.

We are located within easy walking distance to nearby bus stop and train station, offering easy access to both Reading and Wokingham town centres. Our newly refurbished building offers a modern bright space with variety of bedroom, bathing facilities available to meet a range of support needs and preferences. Our secure and accessible environment includes shared lounges, adapted kitchens and dining rooms, which are perfect for socialising, and our well-presented gardens offer a safe and relaxing space to enjoy the outdoors.

## **Our approach**

Before a person stays at our short breaks service, we work with them to understand their routines, needs and requirements, and will create an individual support plan to ensure that our team understands how each person likes to be supported.

We make every effort to ensure that people's stay with us is comfortable and enjoyable. We always have a variety of leisure activities to choose from, such as arts and crafts, music and singing, dance, fitness, cooking, watching a movie, or going out to the pub. (Additional charges may apply for some activities.)

For people who are considering or planning a move into their own home, we create an excellent steppingstone. We provide an environment where people can develop independent living skills and a phased introduction into a supported living setting.

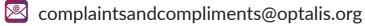


## Listening to you

We always welcome your feedback about our service. Whether there is something we are doing well, or if you have comments or suggestions about how we can do things better.

There are lots of ways to get in touch and let us know what you think, through our satisfaction surveys or discussions with the manager of the service. You are welcome to also use our feedback forms that are available at the service or contact us:





Our service is registered with the Care Quality Commission. They will not look into specific complaints, but they are happy to receive feedback about services at any time. You can contact them on:







Find us on: in f

## **Optalis**

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## **Accessing our service**

If you would like to discuss using our service, please speak to your social worker.

You can also access our short breaks services using a personal budget or by paying with private funds. We will meet with you prior to your stay to understand your needs and make sure we are able to support you safely.

Please ask if you need this information in another language or format





Optalis is a local authority trading company owned by and providing adult social care on behalf of the Royal Borough of Windsor and Maidenhead and Wokingham Borough Council