

Dear Customers and Families of Out & About,

We welcomed 4 new customers to Out and About in March. 1 has already participated in 3 different activities!

On 10th March I met with some families at a Promise Inclusion meeting to talk about Out and About. Some were already using the service; some had used it in the past. It was a good meeting, and they gave me a lot of feedback and ideas for what they would like to see. As usual, we have talked about their ideas and worked to improve and add to the service in April and May. Feedback centred on the following:

Weekends Away – can these please happen and be suitable for all

Fun cooking – this was a valued activity and they would like to see this again, once we have a new venue

Flower arranging – Would like to see this on a Saturday for a change

Meetings – could these be held during the day for a change

Positive recognition – for the increased accessibility of Out and About ie no longer first come first served

April Activities

There are a few spaces available on the **Reading Rockets Basketball Team** match on Sunday 12th April: Please let us know by Wednesday 8th April if you would like to join us.

May Programme

We are pleased to tell you that the new programme for May will be out today and should already be in your email inbox. We are excited about some of the new activities and hope you enjoy them too.



Easter

We have attached an invitation to an Easter Party on 8th April. The contact details are Carole Tovey, and her email address is provided, if you would like to attend.

We wish you all a Happy Easter

Kind regards,

Patrick & Chris

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Don't forget to catch up on **Out and About News** on the Optalis website:

[Out and About Service | Optalis](#)

There are photographs and links to past copies of the Out and About News.