

Out & About News Issue 6

Friday 2<sup>nd</sup> January 2026

Dear Customers and Families of Out & About,

## HAPPY NEW YEAR! from the TEAM in OUT AND ABOUT!

### Weekend away (midweek 29<sup>th</sup> – 31<sup>st</sup> December)

Our weekend away was successful and 5 customers enjoyed a few days aways in Portsmouth and Southsea. We visited the Naval Dockyard for the day and walked by the coast on a very cold New Year's Eve!

JANUARY

### February Programme

Our February programme is now out, sent to your mailboxes today at 6pm!

We have been listening to the wishes of our customers and in February, we have planned 6 new activities. We also supported Reading FC in December and will be doing the same again on 17<sup>th</sup> February as they take on Bolton Wanderers! Join us for what promises to be a great night of football and a terrific atmosphere at our brilliant local stadium.



### New activities in Out and About

If February, you can sign up to these **new** activities:

- Saturday breakfast at the Toby Carvery
- Curry with friends at a local restaurant
- Games evening in the Arcade at Bracknell
- Reading Rockets Basketball Team playing at home
- Darts evening with food in Wokingham
- 2-day trips for the half term week

### Our contact details

Don't forget! If you want to get in touch with Out and About, it is:

[OutandAbout@optalis.org](mailto:OutandAbout@optalis.org)

07796 514 202

Kind regards,

*Patrick & Chris*

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**Out and About News**  
on the Optalis website:

[Out and About Service |](#)  
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There are photographs and  
links to past copies of the  
Out and About News.

*Now on the website:  
the February Programme*