

# Out & About NEWS

**optalis**  
choices for living

Out & About News Issue 7

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Don't forget to catch up on **Out and About News** on the Optalis website:

[Out and About Service | Optalis](#)

There are photographs and links to past copies of the Out and About News.

Now on the website:  
*the March Programme*

Dear Customers and Families of Out & About,

We hope you are all well. What a long month January is! This month we have welcomed 4 new customers, organised some new activities (see below) and started our price review. Welcome all those new to Out and About! Please pass on news from Out and About to your friends.

## Lucy moves to Wokingham Day Services

Lucy did her last fun cooking session at Out and About last week and has now moved over to working full time with Wokingham Day Services. We are grateful for all she has done over the years with Out and About. Customers were reassured that they will see her all the time at the Acorn Community Centre! Thanks, and best wishes to you Lucy!

## Spaces for activities

Check your emails! We have sent out a few activities with spaces.



## March Programme

Our March programme is now out, sent to your mailboxes today at 6pm!

## The 'INS' & 'OUTS' in and About

Fun cooking will not be running in March. It is a popular activity but there are challenges with the lack of space and now that Lucy has gone, we are going to look for a different venue to cook!

New for March: Pottery & swimming!



## Our contact details

Don't forget! If you want to get in touch with Out and About, it is:

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Kind regards,

*Patrick & Chris*



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