

Dear Customers and Families of Out & About,

We are looking forward to meeting as many customers, carers and families as possible on Monday 9th March at 5.30 pm. Please email us to let us know you are coming.

Out & About Meeting – Please come!

We are meeting at Matthews Green Community Centre on Monday 9th March at 5.30pm. We want to give everyone who uses our service an update on Out and About but also tell you about an exciting pilot we are running called **Mondays at Matthews Green**.

Mondays at Matthews Green

Our pilot programme is for a weekly evening for customers at Out and About, meeting at Matthews Green Community Centre every Monday. Socialising, having a say about OAA, food and meeting someone each week from a new club or activity. More to come on this!

March Activities

There are a few spaces available on the following Friday evening activities for March:

- Friday 13th March - Bowling Evening
- Friday 20th March - Pizza Making Evening
- Friday 27th March - Bowling Evening

Please let us know by next Friday (6th March) if you would like to book any of these remaining spaces. They are available on a first-come, first-served basis.

We have enjoyed a few new activities this month. The photographs are from the **Solent Sky Museum** in Southampton and **Pottery at Henry Street Garden Centre**.

Kind regards,

Patrick & Chris

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Don't forget to catch up on **Out and About News** on the Optalis website:

[Out and About Service | Optalis](#)

There are photographs and links to past copies of the Out and About News.